



Changes to FSA/HSA Eligible Expenses

The Coronavirus Aid, Relief, and Economic Security Act (CARES) includes a permanent change that allows for purchase of over-the-counter medications and feminine hygiene products using your flexible spending account (FSA), health reimbursement arrangement (HRA), or health savings account (HSA).

A prescription is no longer needed for reimbursement. This change is effective for expenses incurred on or after January 1, 2020.

Please allow time for these changes to be reflected at your local retailers. If you are not able to use your debit card at the time of purchase, you should manually submit your claim to the Trustmark Benefits Spending Account team for reimbursement via check or direct deposit.

How to submit a claim for reimbursement:

- Submit online at myTrustmarkBenefits.com or by using the **myTrustmarkBenefits Accounts mobile app**
- **Email** your paperwork to: flexHB@trustmarkbenefits.com
- **Fax** your paperwork to 866.514.8287
- **Mail** your paperwork to:
Trustmark Health Benefits
P.O. Box 25946
Overland Park, KS 66225

Expect **more.**
Benefit more.

Contact your HR department for a more complete list of eligible and ineligible expenses under your plan.