

Video counseling

Virtual face-to-face counseling sessions, in the convenience and comfort of your home.

Private and confidential, Video counseling with your Employee and Assistance Program (EAP) provides real-time counseling sessions using your computer, industry leading video conferencing software and a webcam.

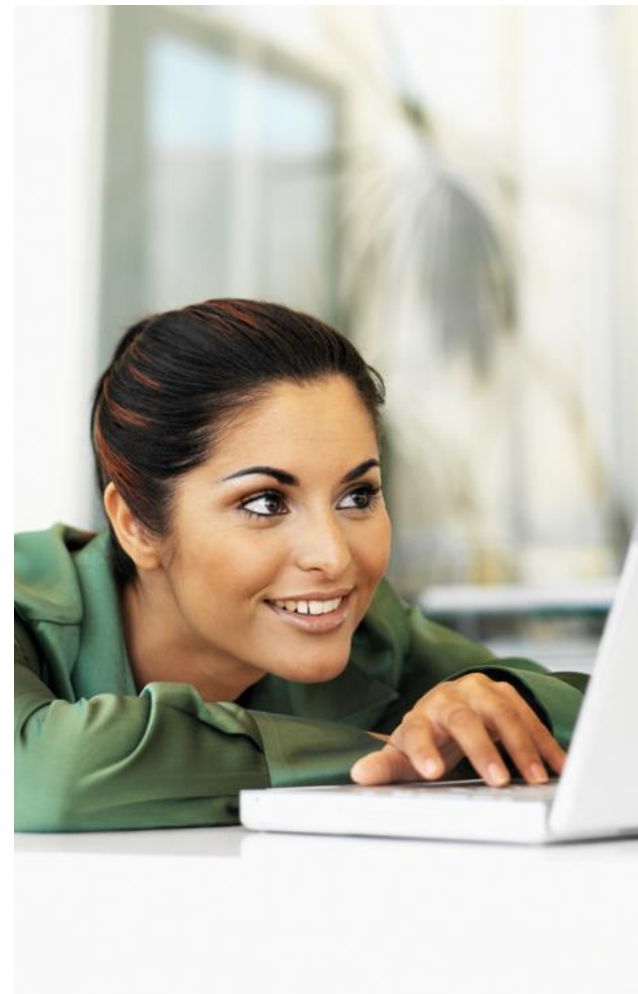
Convenient and secure

Our Video counseling service uses industry leading video conferencing software with many safeguards, encryptions and firewalls ensuring login credentials and all communications are kept private and safe. Attend your counseling session from home - or just about anywhere with a high speed internet connection.

Video counseling is compatible with computers and tablets.

Video counseling is best suited for those who:

- Have limited mobility
- Have busy schedules
- Live in remote regions
- Have exceptional privacy needs
- Find it easier to express themselves verbally rather than in writing



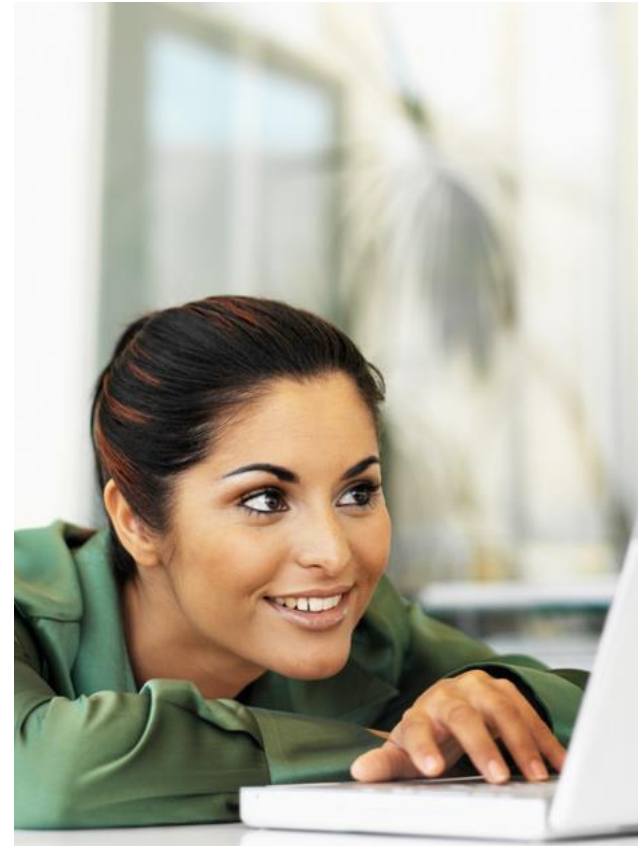
Let us help

How to get started

- Contact our Care Access Center at 866-695-6327.
- Once Video counseling is identified as the preferred and best method of treatment, a video counselor will contact you to schedule your first appointment
- On your appointment day, you will "meet" your counselor online via the installed and secure software

System requirements

You will need a high speed internet connection, webcam, telephone and will be required to install software.



Connect with us for confidential support or to learn more

Attend counseling sessions from home or on-the-go with your EAP.

For immediate assistance, contact us at 866-695-6327 or visit workhealthlife.com.



Download My EAP app now at your device app store or scan the QR code.



© 2015 Morneau Shepell